### **OUR DIFFERENCE:**

South Florida Vascular Associates specializes in image-guided, minimally invasive techniques that are often an alternative to traditional open surgery. Our highly specialized, board-certified physicians use state-of-the-art diagnostic technology that ensures high quality patient focused care. Patients are seen at one of our 3 locations for their consultation. If a procedure is ultimately recommended, it is performed in our 8,000 sq ft sophisticated office endovascular suites, one of the first of its kind in the country.

The minimally invasive approach allows patients to get the specialized vascular care they need without spending any time in the hospital. Minimally invasive vascular procedures also allow patients to recover faster and with considerably less discomfort than they'd have with traditional open surgery.

Our dedicated and knowledgeable staff offers the best care to each and every patient. We provide our patients with detailed information of the plan of care and are always available to answer any questions. At South Florida Vascular Associates we strive for excellence in patient care as the vascular experts in the community.

## MEET OUR PHYSICIAN



William H. Julien, MD

### **OUR HISTORY**

South Florida Vascular Associates boasts over a 20 year history of excellence in vascular care. Dr. William H. Julien established South Florida Vascular Associates in 2001 and became known as one of the first Interventional Radiologist to have an office-based clinical practice in the United States. In 2004, he opened his first office-based endovascular suite to create a novel outpatient environment for patients to undergo vascular procedures. The officebased model has proven to be a safe, efficient and personalized alternative to having procedures performed in the hospital.

SOUTH FLORIDA VASCULAR ASSOCIATES Leading Change in Vescular Care

### THREE CONVENIENT LOCATIONS:



COCONUT CREEK 5300 W. Hillsboro Blvd., Suite 107 Coconut Creek, FL 33073 Phone: 954-725-4141 Fax: 954-725-4318

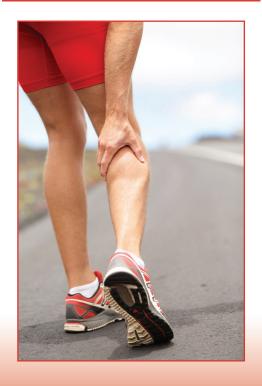
PLANTATION 350 N.W. 84th Ave., Suite 109 Plantation, FL 33324 Phone: 954-725-4141

**BOYNTON BEACH** 7545 W. Boynton Beach Blvd., Suite 206 Boynton Beach, FL 33437 Phone: 561-752-5195





# **PERIPHERAL ARTERIAL DISEASE** Aches, Cramps, Numbness or Wounds



William H. Julien, MD

# What is Peripheral Arterial Disease (PAD) ?

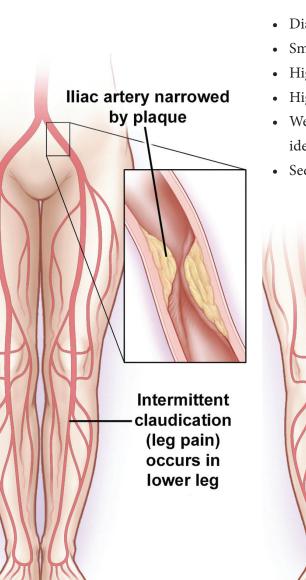
PAD is a disease that decreases the blood flow in the arteries. PAD occurs when there is a buildup of cholesterol and plaque in the arteries of the lower extremities. When this occurs in the legs, blood flow is reduced and the leg does not receive the proper amount of oxygen it needs. Left untreated, the disease can lead to amputation.

#### Symptoms

- Intermittent Claudication (pain in the calf, thigh, or hip muscle when walking)
- Foot or toe pain that can disturb sleep
- Wounds or ulcers on feet or toes

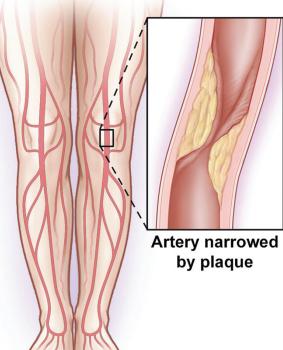
## DIAGNOSTIC TESTING

- **Ultrasound**: A test which measures the blood flow in your legs
- **PVR**: a noninvasive vascular test in which blood pressure cuffs and a hand-held ultrasound device (called a Doppler or transducer) are used to obtain information about arterial blood flow in the arms and legs
- Vascular Consultation: An office visit with one of our vascular specialists



### Are you at risk?

- Diabetes
- Smoking
- High Cholesterol
- High Blood Pressure
- Weighing over 30% more than your ideal weight
- Sedentary Lifestyle



## TREATMENT OPTIONS

Weofferminimally invasive outpatient procedures in our fully clinical office-based vascular practice that is focused on providing outstanding patient care. Our in-office endovascular suites provide an alternative to having procedures done in the hospital. This gives our patients a private and comfortable setting.

- Atherectomy: A technique to remove the plaque
- **Stenting**: A metal implant designed to keep your arteries open
- **Angioplasty**: A balloon that expands the diameter of the artery

South Florida Vascular Associates is a center for excellence in patient care and is the premier group of endovascular experts in the South Florida Area.



For more information, please visit www.sfva.com