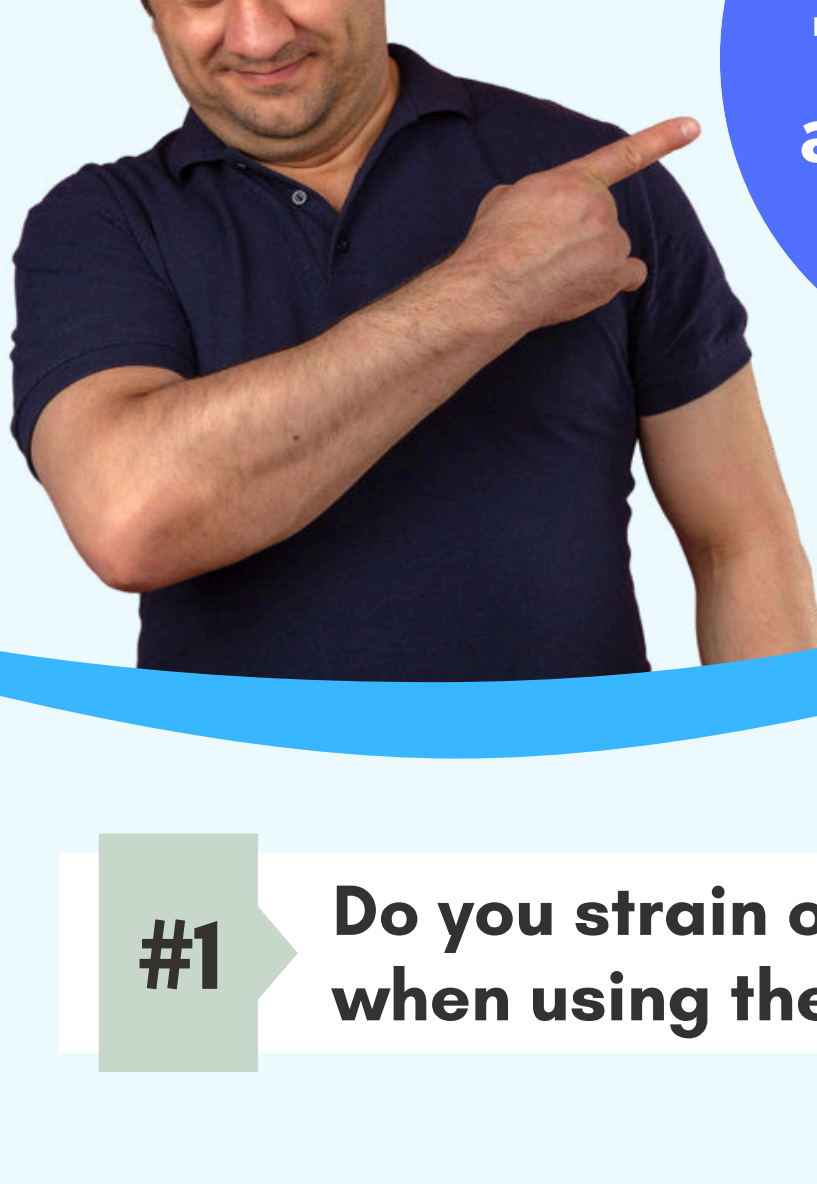


CHECKLIST

Are you at risk for **Bleeding Hemorrhoids?**



Answer these
7 questions
and **find out**
NOW!

#1

Do you strain or push hard when using the bathroom?

WHY?

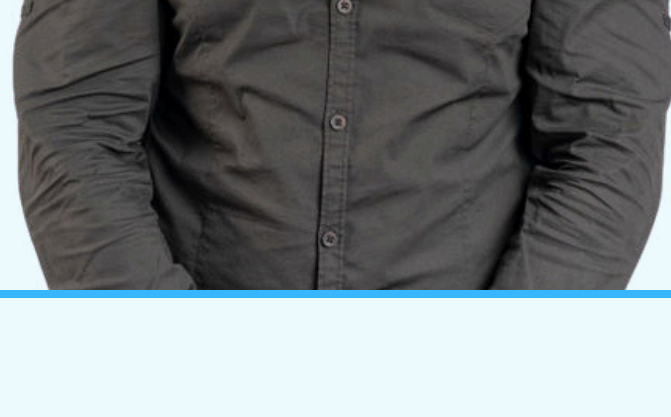
Because constant

pressure can

make veins

around your

rectum **swell**.



#2

Do you often deal with constipation or diarrhea?

WHY?

Because both

make you spend

more time

straining or

wiping, which

irritates the area.



#3

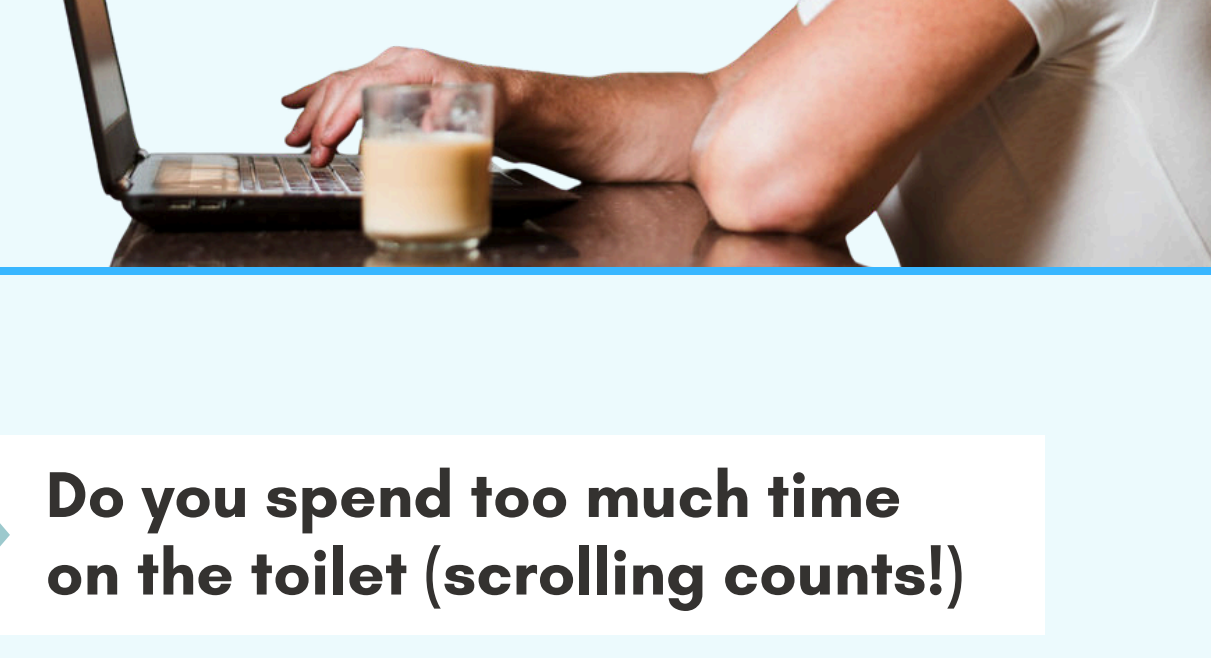
Do you sit for long hours every day (at work or home)?

WHY?

Because sitting too long **slows**

blood flow and increases

pressure on rectal veins.



#4

Do you spend too much time on the toilet (scrolling counts!)

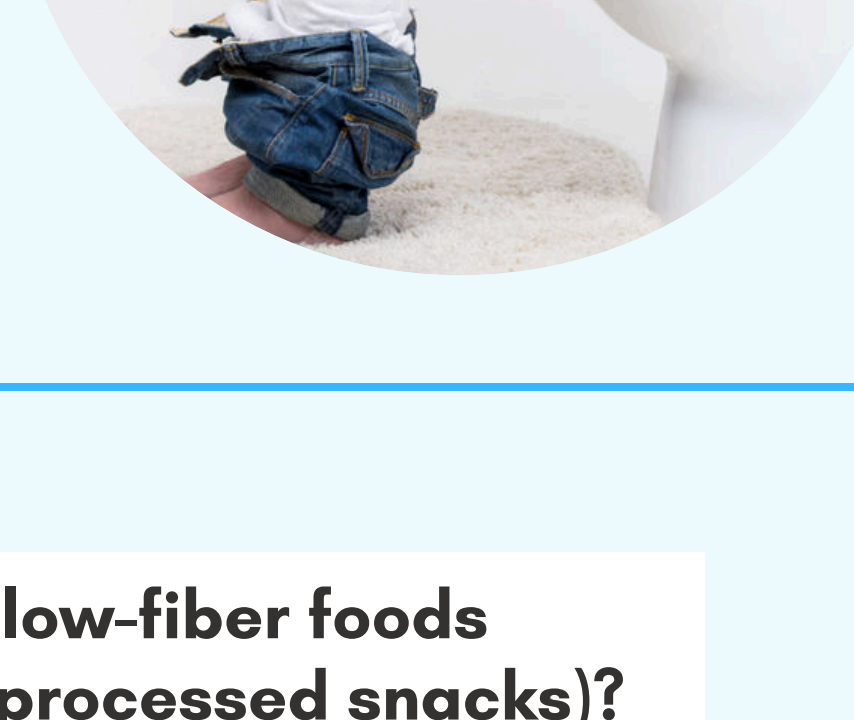
WHY?

Because

extra sitting time

= **extra pressure**

on sensitive veins.



#5

Do you eat low-fiber foods (fast food, processed snacks)?

WHY?

Because low fiber

means **harder**

stools and more

straining.



#6

Do you drink enough water?

WHY?

Because

dehydration

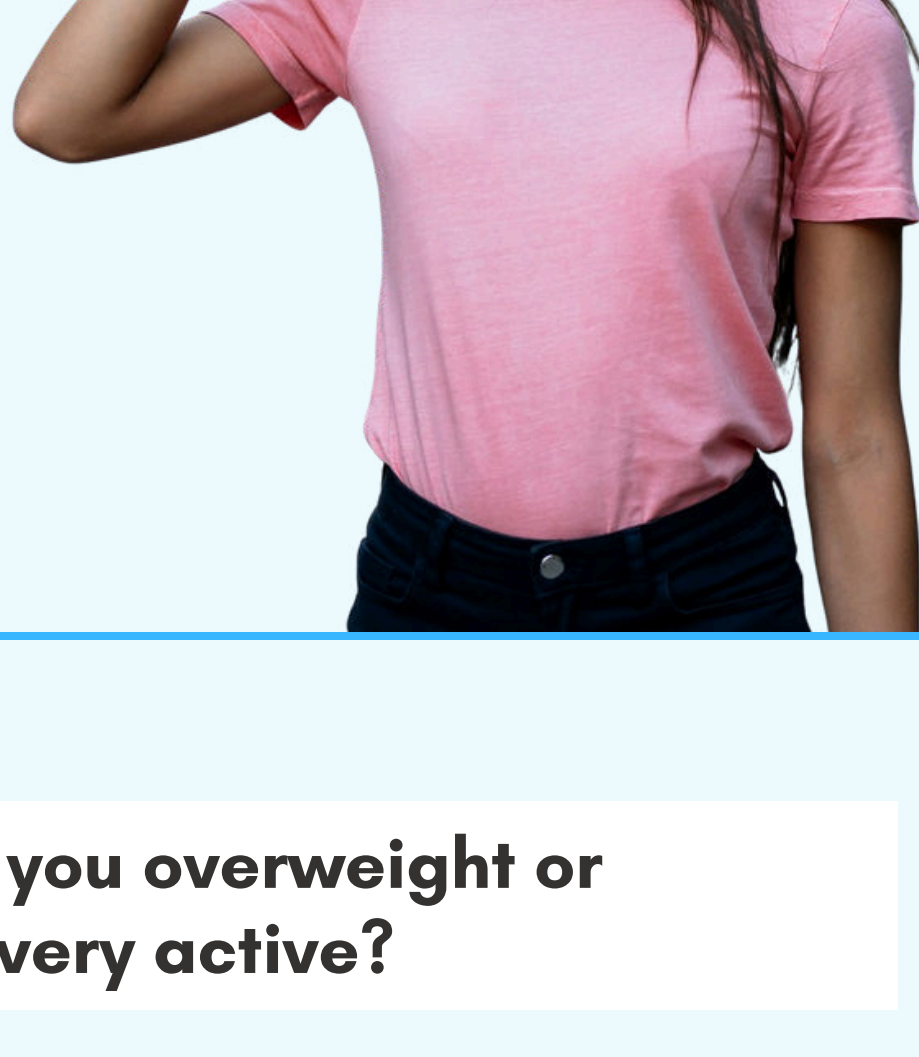
leads to

constipation

and harder

bowel

movements.



#7

Are you overweight or not very active?

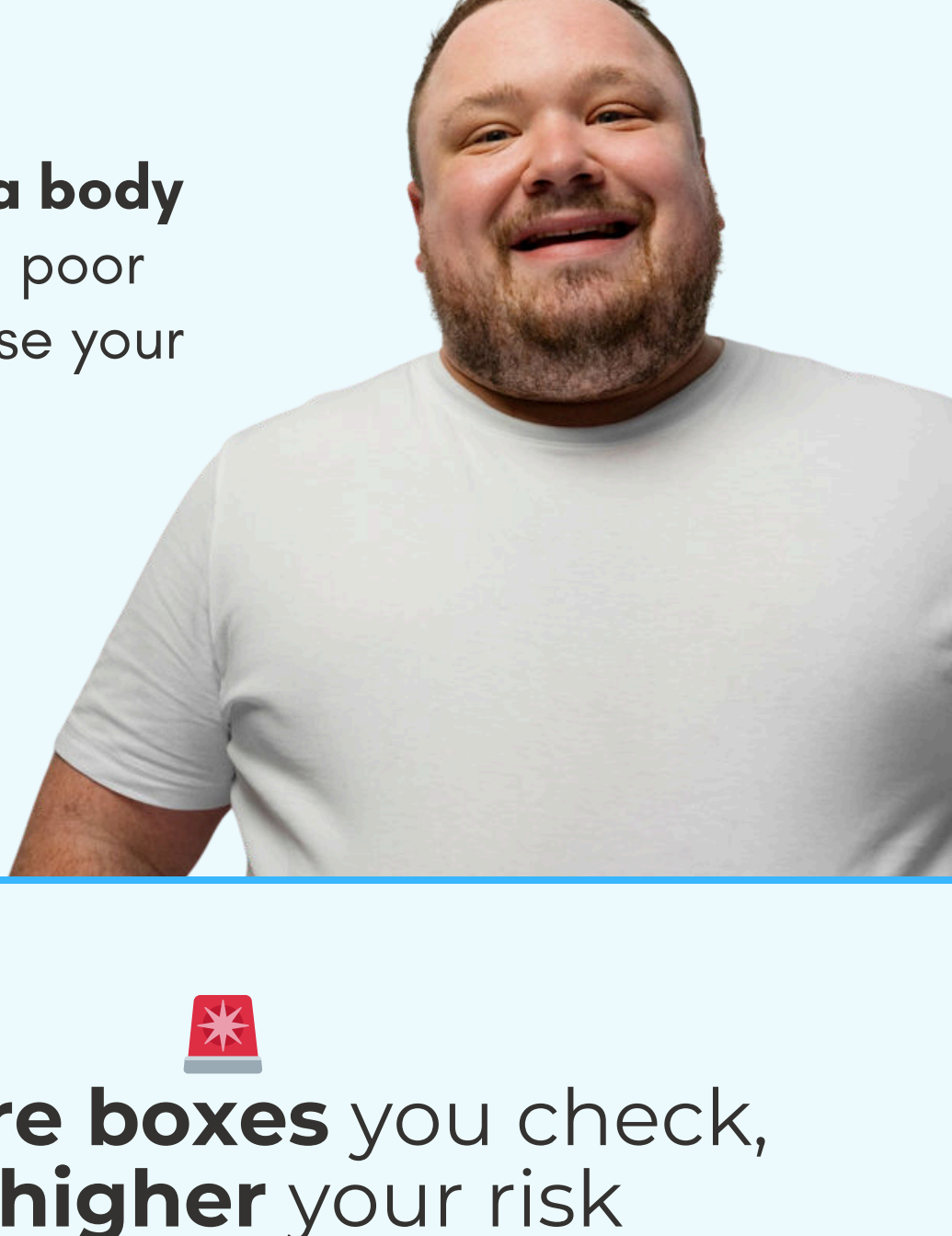
WHY?

Because **extra body**

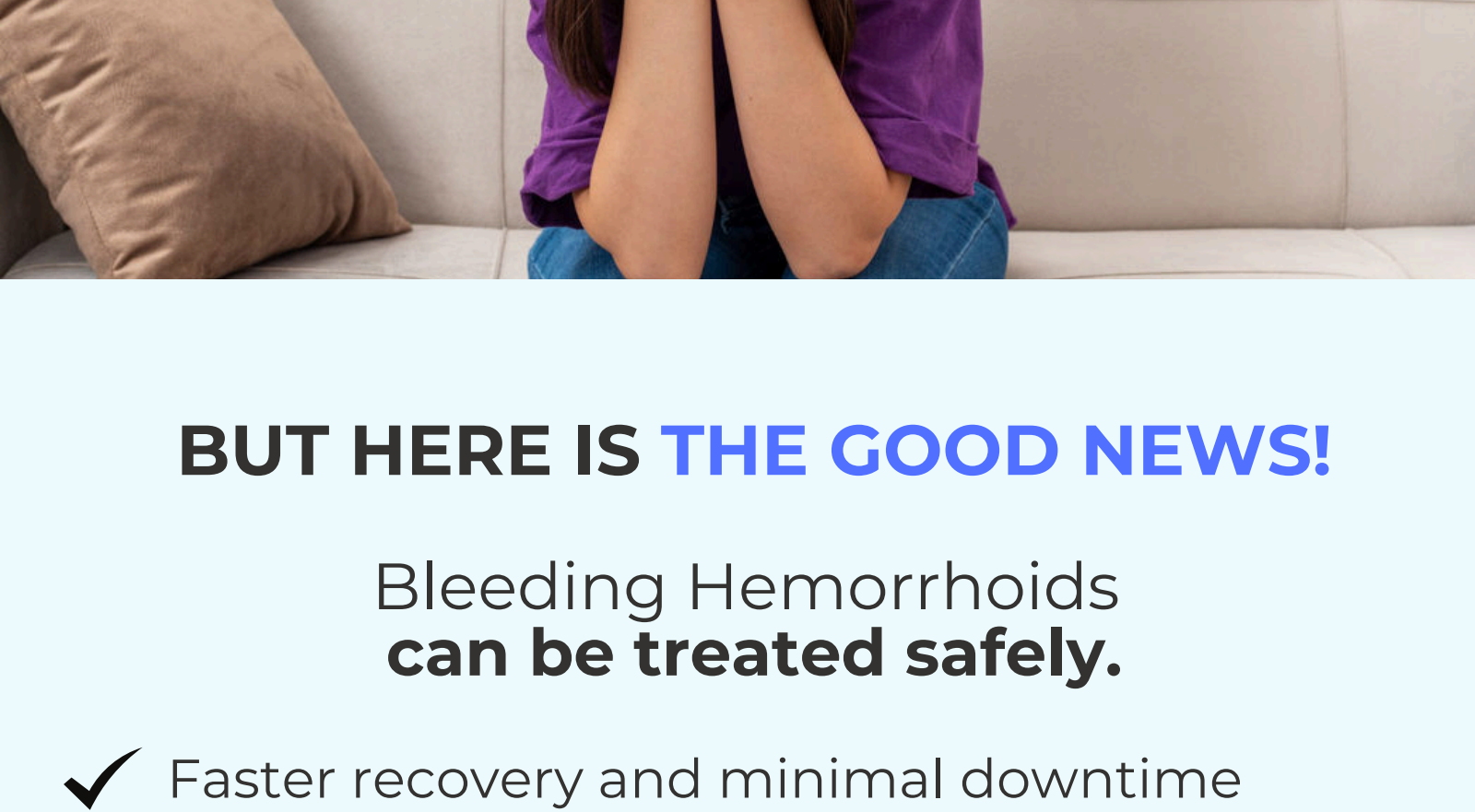
pressure and poor

circulation raise your

risk.



The **more boxes** you check,
the **higher** your risk



BUT HERE IS THE GOOD NEWS!

Bleeding Hemorrhoids
can be treated safely.

- ✓ Faster recovery and minimal downtime
- ✓ No general anesthesia
- ✓ No hospital stay required
- ✓ Proven, lasting results for better quality of life
- ✓ State-of-the-art, comfortable outpatient facilities
- ✓ Expert medical team focused on patient-centered care

CALL US HERE

📞 **954-777-6230**

OR CONTACT US