



COMPARATIVE CHART

# PAE or PROSTATE SURGERY?

## Key Data You Should Know

**Benign Prostatic Hyperplasia (BPH)** affects nearly **1 in 2 men over 50** and can impact urination, sleep, and quality of life.

Because symptoms develop slowly, many men delay treatment — **allowing the condition to worsen.**

This infographic compares Prostate Artery Embolization (PAE) and prostate surgery (TURP) **to help you make an informed decision.**

### PAE

#### RECOVERY

Patients return to normal activities within **1 to 3 days**, and **without a catheter.**

#### HOSPITAL STAY

Outpatient procedure.  
**Patients go home the same day** after a few hours.

#### COMPLICATIONS

PAE is **minimally invasive with a low complication rate** and temporary side effects like pelvic pain and hematuria. There are no sexual side effects

#### SYMPTOMS RELIEF

PAE has shown to provide long-term symptom relief.

### TURP

#### RECOVERY

Usually takes **4 to 6 weeks.** Many patients **require a urinary catheter** for several days, and physical activity is limited during this period.

#### HOSPITAL STAY

Requires a **hospital stay of 2 to 3 days** for monitoring, pain management, and catheter care.

#### COMPLICATIONS

TURP **carries a higher risk of complications,** including urinary incontinence, significant bleeding, infection and sexual side effects.

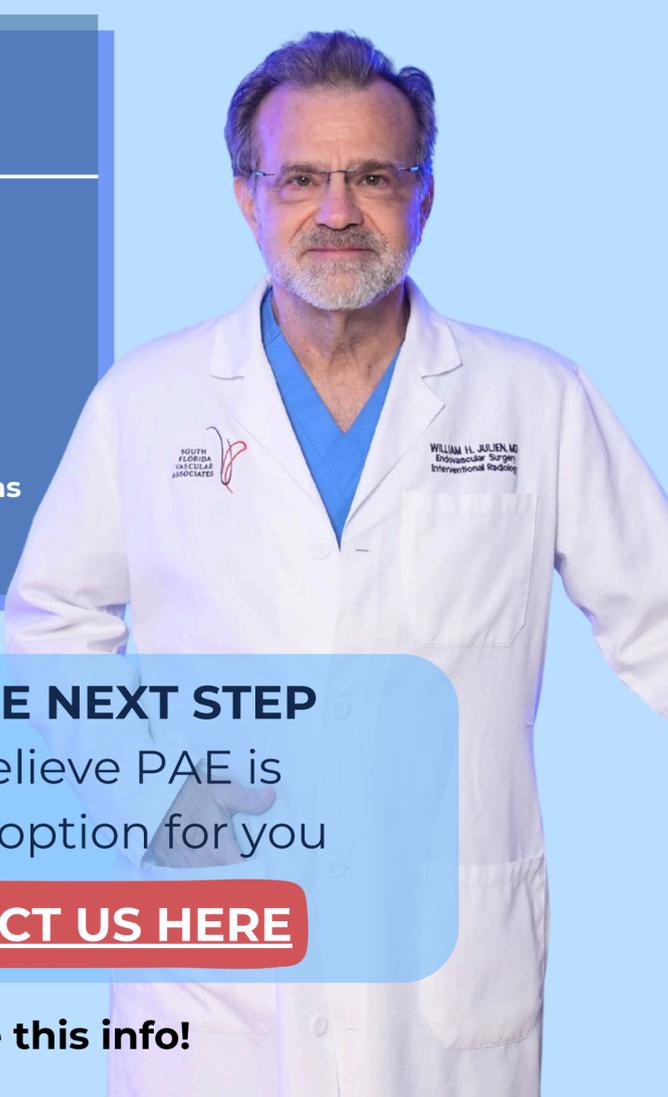
#### SYMPTOMS RELIEF

TURP has been shown to provide good long-term relief.

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### DR. WILLIAM JULIEN: "WHY THIS MATTERS"

- ✓ Early detection **prevents complications**
- ✓ Symptoms often **worsen without treatment**
- ✓ **Minimally invasive,** non surgical options are **available**
- ✓ Our treatments **require no incisions** and are performed in office.



**TAKE THE NEXT STEP**  
If you believe PAE is the right option for you

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