

COMPARATIVE CHART

UFE or MYOMECTOMY?

Key Differences Women Should Know

When women are diagnosed with uterine fibroids, many assume Myomectomy is their first option.

However, treatments like Uterine Fibroid Embolization (UFE) offer a minimally invasive alternative.

This chart highlights the key differences between these two treatments, to help women better understand their options and see that effective fibroid treatment doesn't always require surgery.

UFE

INCISIONS

No surgical incision; performed through a tiny needle puncture.

ANESTHESIA

No general anesthesia. Performed with conscious sedation.

HOSPITAL STAY

Patients go home the same day.

EFFECT ON THE UTERUS

Uterus is preserved, and women could get pregnant after a UFE.

NUMBER OF FIBROIDS TREATED

Treats all fibroids, whether you have 1 or 100.

RISK OF RECURANCE

Rare.

MYO

INCISIONS

Requires abdominal, laparoscopic, or hysteroscopic surgical incisions.

ANESTHESIA

Requires general anesthesia.

HOSPITAL STAY

Require 1-2 days in the hospital.

EFFECT ON THE UTERUS

Uterus is preserved. However if many fibroids are removed there is risk of hysterectomy.

NUMBER OF FIBROIDS TREATED

Each fibroid must be removed surgically.

RISK OF RECURANCE

Common.

TAKE THE NEXT STEP
If you believe UFE is the right option for you

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